

The Friendly Visitor



April 2011

United Methodist Church of Yucaipa

35177 Beech Ave., Yucaipa, CA

The Rev. Sharon Snapp-Kolas

Gathering 8:45 a.m. - Worship Service 9:00 a.m - Sunday school 10:30 a.m.

(909)-797-1143

First Corinthians 13

The Gift of Love

13 If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. ²And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but do not have love, I am nothing. ³If I give away all my possessions, and if I hand over my body so that I may boast, but do not have love, I gain nothing.



4 Love is patient; love is kind; love is not envious or boastful or arrogant ⁵or rude. It does not insist on its own way; it is not irritable or resentful; ⁶it does not rejoice in wrongdoing, but rejoices in the truth. ⁷It bears all things, believes all things, hopes all things, endures all things.

8 Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end. ⁹For we know only in part, and we prophesy only in part; ¹⁰but when the complete comes, the partial will come to an end. ¹¹When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways. ¹²For now we see in a mirror, dimly, but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known. ¹³And now faith, hope, and love abide, these three; and the greatest of these is love.

From Pastor Sharon



Dear Brothers and Sisters in Christ,

As Holy Week approaches, I would like to offer some words of encouragement for the Maundy Thursday service. It is one of my favorite services of the Christian year. The symbolism and the intimate Christian fellowship can be deeply rich and meaningful.

Words of encouragement are, I believe, needed -- because I have planned a footwashing liturgy, which is not traditional for this congregation. The service will be held in the fellowship hall -- also not traditional for this congregation. The traditional Last Supper, or Communion, will be celebrated.

Before I reassure you about the details, allow me to give a brief background on the service itself.

The designation, "Maundy Thursday," refers to the "new commandment," or "mandate" (*mandatum novum*, Latin) of John 13:34: "I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another."

Jesus loves his own through washing them and by offering them an example of humility and service.

Footwashing, in biblical times, was a menial task performed by servants or slaves. When visitors arrived -- with tired, dirty, grimy feet from walking miles on dirt roads -- the slave would wash their feet before the meal was served.

Jesus, our Lord and Savior -- and the King of all creation -- knelt on the floor, like a slave, before his disciples. Jesus the King became like a slave for his friends and for us. He did so on the night before he went to the cross. He did so on his last night with his friends.

We are called to respond to Jesus' act of footwashing in two ways. Each way requires humility on our parts.

One response is to accept Jesus' offer to wash our feet. This is so difficult. How can we allow our Lord and Savior to kneel down before us and perform such a menial task for us? It is almost too much to bear.

The other response is probably simpler for most of us -- to follow Jesus' example of humble service. We have learned to be of service to others. We understand that this is a part of our calling as Christians, even if we don't always find the time or the desire to serve as much as we would like.

There's the background. Now to the details. On Thursday, April 21, at 7 pm, we will meet in the fellowship hall, where the table will be set for the Last Supper. Jesus invites us to his table.

But first, he wants to show his love for us. And, as he humbles himself to wash our feet, he wants us to humble ourselves to receive his expression of love, humility, and service.

For most of us, it is easier to give than to receive. We want to help others, we want to be good Christians, we want to be of service.

We may find it harder to be on the receiving end. We may find it difficult to even admit that we might need the help and kindness of others.

Then there are the practical issues. “I don’t want to get my feet wet!” “I hate how my toes look; I don’t want anyone to see them!” “I don’t like other people touching my feet!” “Will I be the last one, and have my feet washed in the dirty leftover water from dozens of other feet?”

Here are the particulars of how the footwashing will take place:

The footwashing is completely voluntary.

- You may choose handwashing instead of footwashing. Or,
- You may decide to stay in your seat and pray quietly while others come forward.

There will be a “women’s side” and a “men’s side.”

- Deb Davidson and Pastor Sharon will be washing feet or hands on the women’s side.
- Paul Kielhold and Pastor Ron will be washing feet or hands on the men’s side.
- It is ok for men to come to the women’s side and for women to come to the men’s side; the men’s and women’s sides are provided simply as options for those who have a preference as to who washes their feet or hands.

The water will be changed out regularly during the footwashing (handwashing).

Please note these practical suggestions as you prepare to attend the Maundy Thursday service:

- Choose footwear that can be easily removed, such as slip-ons or sandals.
- Wash your feet on that day. The footwashing is meant to be symbolic; i.e., we don’t want to be scraping off caked on mud, etc!

Questions? Concerns? Ask me!


I look forward to being with you in Christian community on Maundy Thursday, as we recall the last night of Jesus’ earthly life, and as we remind one another of his great love for us.

“I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another.” -- John 13:34

Yours in Christ,
Pastor Sharon

April Lectionary Readings:

3	1 Samuel 16:1-13; Ephesians 5:8-14; John 9:1-41
10	Ezekiel 37:1-14; Romans 8:6-11; John 11:1-45
17	Isa. 50:4-9a; Phil. 2:5-11; Mt. 21:1-11 (Palms liturgy); Mt. 26:14-27:66 (Passion liturgy)
24	Acts 10:34-43; Colossians 3:1-4; John 20:1-18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
APRIL 2011 					1 NAs 8:30 am Nine-Patchers Quilting 9 am NAs 7 pm	2
3 COMMUNION SUNDAY Worship 9:00 Fellowship 10:15 Sunday School 10:30 4 pm Worship w/ Music, Prayer, Testimonies; Supper (by the Gibsons) 5 pm NAs 7 pm	4 NAs 8:30 am Pack 4, 7 pm	5 Woodcarvers 8 am NAs 8:30 am Prayer Time 9:30 am SPRC 7 pm Boy Scouts 7 pm NAs 7 pm	6 NAs 8:30 am	7 NAs 8:30 am Community Bible Study 7:30 am Treble Clefs 6 pm Chancel Choir 7 pm Pack 10, 7 pm	8 NAs 8:30 am Nine-Patchers Quilting 9 am NAs 7 pm	9
10 Worship 9:00 Fellowship 10:15 Sunday School 10:30 4 pm "In Seven Words" w/ Puppet Drama; Supper (by Worship Committee) 5 pm NAs 7 pm	11 NAs 8:30 a.m. Pack 4, 7 pm	12 Woodcarvers 8 am NAs 8:30 am Prayer Time 9:30 am NAs 7 pm Troop 9 Boy Scouts 7 pm	13 NAs 8:30 am United Methodist Women 10 am	14 NAs 8:30 am Community Bible Study 7:30 am Treble Clefs 6 pm Chancel Choir 7 pm Pack 10, 7 pm	15 NAs 8:30 am Nine-Patchers Quilting 9 am NAs 7 pm	16 United Methodist Men's Tour of the Old Firehouse Museum 9 am (No breakfast meeting today)
17 PALM SUNDAY Worship 9:00 Fellowship 10:15 Sunday School 10:30 Confirmation, Memory Verse Presentation Choir Cantata Come and See 4 pm	18 NAs 8:30 am Susanna Wesley Circle 7 pm Pack 4, 7 pm	19 Woodcarvers 8 am, NAs 8:30 am Prayer Time 9:30 am Boy Scouts 7 pm NAs 7 pm	20 NAs 8:30 am	21 NAs 8:30 am Community Bible Study 7:30 am MAUNDY THURSDAY SERVICE 7 pm Treble Clefs 6 pm Pack 10, 7 pm	22 NAs 8:30 am GOOD FRIDAY SERVICE 12 noon at Four Square Church on Bryant St. NAs 7 pm	23
24 EASTER SUNDAY Worship 9:00 and 11:00 am Egg Hunt and Continental Potluck Breakfast between services	25 NAs 8:30 am Pack 4, 7 pm	26 Woodcarvers 8 am, NAs 8:30 am Prayer Time 9:30 am Trustees 6 pm Committees 6:30 Finance 7 pm Ad Council 7:30 pm Boy Scouts 7 pm NAs 7 pm	27 NAs 8:30 am	28 NAs :30 am Community Bible Study 7:30 am Nurture Committee 11 am Treble Clefs 6 pm Chancel Choir 7 pm Pack 10, 7 pm	29	30 RELAY FOR LIFE April 30- May1

April Birthdays

- 2 Mary Gibson
Roy Snapp-Kolas
5 Jim Carroll
8 Billie Chapman
11 Lois Michaels
12 Joann Davis
Bill Harps
Jane Whitson
13 Sarah Pistilli
Jonnie Powell
Kim Wilson
14 Judith Wheeler
15 Nancy Reitzler
23 Connie Peck
25 Kim Pistilli
27 Charles Strohl
30 Lois Crosby



April Anniversaries

- 7 Don & Sharon Bannister
22 Tyler & Jackie Shook



At Easter Time

Lilies grow at Easter time
As spring buds reappear;
So much beauty one can find
At this glorious time of year.

But the lily wilts and fades away
And falls upon the ground;
So little time it has to stay
Among the sights and sounds.

We who see the lilies grow
And hear the birds that sing,
Know that when the blossoms go
Another life they bring.

So life is not the final choice
For those with trust and faith;
He who spoke with heavenly voice
Has yet...a better place!

By Floyd Crosby

Letters...Letters...Letters

Dear Church Family,

My thanks to the prayer warriors of the United Methodist Church for all the hours and efforts put into your ministry. I personally appreciate your concerns, kind cards and notes you have sent to me.



I miss going to church with all of you, but have realized that God was in control all along the way. Plymouth Village has been and in an excellent home for me.

Thank you for the *Friendly Visitor* each month. It keeps me feeling connected to you all. The prayer quilt has had a great work-out.

Thank you all,
Margaret Hutton

Dear Church Family,

I would like to thank all of you for your prayers and love shown to me during my husband Dan's passing.

Special thanks to Pastor Ron for his help and time given to me preparing for Dan's service. Also, for the visits given to Dan by Pastor Ron and Pastor Sharon during his stay in the hospital.

I love my church and church family!

In Appreciation,
Lorraine Popejoy

Lenten Calendar Details:



April 3:

4:00 pm Worship with music, prayer and testimonies led by June Fisher and Wes Harty;

5:00 pm Supper provided by Sally and Mick Gibson (Donations will go to Frazee outreach.)

April 10:

4:00 pm "In Seven Words" and Puppet Theater Drama;

5:00 pm Lasagna dinner provided by the Worship Committee (Donations will go toward apportionments)

April 17, Palm Sunday:

Sunday school children will recite 1 Corinthians 13 during worship, followed by lunch with the pastor at McDonald's.

4:00 pm Choir Cantata in the sanctuary.

April 21, Maundy Thursday:

7:00 pm Communion Service in the Fellowship Hall (also foot washing and hand washing ceremony)

April 22, Good Friday:

12:00 Noon "The Seven Last Words" Ecumenical Service at First Baptist Church.



April 24, Easter Sunday: 9:00 am and 11:00 am Worship Services

Easter Egg Hunt on the church lawn in between services.

Bring a flower to put on the Easter Cross.

No Sunday school this Sunday.

Confirmation Class members will be confirmed during worship.

United Methodist Men

The **April 16th** meeting of the United Methodist Men will be held at the **Old Fire Station Museum in Yucaipa.**

Yucaipa's first fire station, which was constructed in 1936, served the fire protection crews until 1980, when Station #1 was built on Bryant Street. The museum has on display many of the original pieces of equipment used at the station and photos of the people, both volunteers and paid firefighters, who worked at the station.

The Old Fire Station Museum is located at 35106 Ave. A in Yucaipa. **Our tour will start at 9:00 am.** (Because we won't be meeting at Bob's Big Boy this month, this meeting will not include breakfast.)

All are invited to join us for this event! See you there.

Ralph Snook, President

On Sunday, November 13, 2011 we will celebrate the 100th anniversary of the United Methodist Church of Yucaipa! (The official date is 11/11/11.)

A **Centennial Committee** has been assembled under the leadership of Mark and Laurie Pertile: members include Frank and Billie Chapman, Pat Shores, Perry Jones, Floyd and Lois Crosby, Paula Fisher, and a representative from each church committee.

The committee is seeking suggestions for the gala.



Please think about what should be done to prepare for and add to the festivities. Submit your ideas to a member of the committee. Let's make this a whopper of a celebration for all!



Sierra Service Project Trip Prep Meeting



Nine youth and a few adults got together at Deb Davidson's house on Saturday, March 19 to learn about Sierra Service Project, review trip details for this summer's SSP mission trip to Teec Nos Pos, Arizona, make and eat Indian Fry Bread tacos, and have fun. The group saw slides from many past SSP trips: 2001 to Point Arena, California; 2002 to Fort McDermitt, Nevada; 2003 to Round Valley, California; 2004 to Duck Valley, Nevada; 2005 to Lukachukai, Arizona; 2006 to Big Pine, California; 2007 to Los Angeles; 2008 to Loleta, California; and 2009 to Los Angeles. The trip details for this summer were discussed, along with departure times, what to bring, and what to expect.

The group of 5 youth and 2 adults will be leaving at 10:30am on Saturday, July 23 and will spend the night at Federated Community Church in Flagstaff. On Sunday, July 24 they will continue to Teec Nos Pos, Arizona, which is part of the Navajo Nation in northeastern Arizona. They will stay there for a week with groups from several other churches, living and working in community. The type of work is expected to be roofing and other construction projects, such as wheelchair ramps, stairs, and decks. Helping to build some indoor bathrooms is also a possibility. The goal is to improve the housing conditions for many Native Americans through service opportunities for youth. SSP participants will have an opportunity to learn about the Navajo culture, including past history and current challenges, and will have a wonderful week making new friends from many other churches. SSP is all about building: building community, building homes, building bridges between cultures, and building a strong spiritual life.

The group will spend the night on the return trip at Trinity UMC in Flagstaff, and they expect to be back home at the Yucaipa UMC at about 5:00pm on Sunday, July 31.



The group still needs to raise more money to finish paying for this mission trip. Flocking will start again in May, 2011, so please spread the love and flock your friends and neighbors this spring! All flocking money goes directly to paying for summer camp scholarships and Sierra Service Project for our youth.

For more information about Flamingo Flocking, click on the link under the pink flamingo at www.yucaipamethodist.org for answers to Frequently Asked Questions (FAQ), order forms, and flamingo sightings. If you have questions about Sierra Service Project, talk to Deb Davidson or email your questions to deb@yucaipamethodist.org.

Natural Church Development (NCD) Update:

A survey of a representative sample of our church members is almost completed. The next step is for the surveys to be sent to the NCD folks to be analyzed. Once we receive the results of the analysis, we will see which area of ministry is the most crucial for us to focus on for the next year. A year from now, we can do another survey, discover our next area of ministry focus, and continue the process of building and strengthening our church.

If you want to know more about NCD you can:

- 1) Get your copy of The ABC's of Natural Church Development from Linda in the church office or
- 2) Read Pastor Sharon's article in the March issue of *The Friendly Visitor*.

Earthquake, Tsunami in Japan

Many people came up to me the Sunday following the catastrophic 8.9 magnitude earthquake and tsunami that hit in Japan. They asked for prayers; they asked what they could do to help the people devastated by this horrific natural disaster. The impact of the tsunami is being felt throughout the Pacific Rim and in other scattered areas. Truly, the entire world is affected.

If you are considering a gift for this cause, I encourage you to give through UMCOR (United Methodist Committee on Relief), as **every dollar given goes directly** toward the relief efforts. I have a friend who used to work for UMCOR, and she says, "I have seen first hand that they have people already on the ground before the crisis hits, so they know the community and where the dollars will get to the people and make a real difference.

The link to our UMCOR website where you can get information on making donations toward Pacific Emergency, UMCOR Advance #3021317, is:

<http://secure.gbgm-umc.org/donations/umcor/donate.cfm?code=3021317>

Or, you may use an offering envelope. Simply write "Japan" on the envelope, and on the memo line if you are writing a check. Make checks payable to "United Methodist Church of Yucaipa." We will see that your donation is forwarded to the UMCOR Advance for the crisis in Japan.

Pastor Sharon

Prayers of Intercession for Those Affected by the Earthquake and Tsunami in Japan

A prayer sheet in the Cathedral for private prayer and for the celebrants' use at the Eucharist, sent by Rev. Shan Vierow, Priest in Charge, Tamborine Mountain, Queensland, Australia:

*For those who mourn.
(silent prayers)*

God of all mercy, giver of all comfort; look graciously, we pray, on those who mourn the loss of loved ones through the earthquake and Tsunami in Japan. Casting all their cares on you, may they know the consolation of your love; through Jesus Christ our risen Lord. Amen.

Our Father in heaven, healer of the broken-hearted, look in pity and compassion upon all whose joy has been turned into mourning. Comfort them, and draw them closer to each another in their common sorrow. Dwell with them, and be their refuge until the day breaks and the shadows flee away; through Jesus Christ our Lord. Amen.

These Intercessions are written, adapted, and/or gathered from *The Book of Prayer Canon*, Jack Phillips, Precentor of St John's Anglican Cathedral in Brisbane Australia.

Come and See

An Easter Celebration

written and arranged by Dennis and Nan Allen

Presented by the United Methodist Church of Yucaipa

Cancel Choir

Directed by Wes Harty

Palm Sunday, April 17, 2011

4:00 p.m.

Through the “eyes” of a blind beggar sitting in the streets of Jerusalem, we pray you will see all these things. But more than that, our prayer for you this season is that you’ll find Christ Himself . . . to be your friend, your redeemer, your everlasting hope.

Come and see the Savior as He enters triumphantly into the city of Jerusalem.

Come and see Him betrayed by a friend who, just hours before, swore he would never leave Jesus’ side.

Come and see as Christ is arrested, mocked, and charged with a crime He did not commit.

Come and see Him suffer execution at the hands of his cruel accusers.

Come and see the empty tomb where He conquered sin and death!

Come and see!

The Book Nook

This is my second review of a book by Phillip Gulley. The first was in the February 12, 2011 issue of the *Friendly Visitor*. I liked that book, so I decided to read another.



In *For Everything a Reason*,

Gulley takes as his text Ecclesiastes 3:1-8, “For everything there is a season, and a time for every matter under heaven; a time to be born and a time to die; a time to plant and a time to pluck up what is planted; a time to kill and a time to heal; a time to break down and a time to build up . . .” etc. Each chapter deals with a topic from this passage, in a format similar to Max Lucado’s discussion of 1 Corinthians 13 in the book I reviewed for March.

Gulley’s style, however, is very folksy and contains many amusing observations. About home gardening, for example, he says,

There is a wonderful harmony to harvest and autumn. The sweet corn dies just as the neighbors tire of our leaving it on their doorstep. Sweet corn has the good sense to know when enough is enough. Zucchini is just the opposite. It is a profoundly stupid vegetable, always wearing out its welcome. One year we planted a row of zucchini and were reduced to leaving sacks of it in the unlocked cars at church. That never happened with sweet corn. (p. 28)

He also makes a tongue in cheek observation that, if freshly picked green beans had been served at the Last Supper, “Judas would never have gotten up to leave.” (p. 28)

Not all of Gulley’s writing is fun or whimsical, though. An example of his serious perspective is on the subject of hate. He says that hate is unacceptable. It is childish, and it is a choice. People choose to hate. Those who say they can’t help it because they are human, after all, are lying.

They are lying to themselves, and they are lying to others. We can choose to hate, or we can choose to love. (p. 213-14) These statements are totally consistent with his work as a Quaker minister. “If there is a time to hate, as Ecclesiastes suggests, it is when we are children, when we don’t know any better. (p. 215)

Gulley’s writing is amusing, but also wise. As I said before, I will probably be reviewing more of his work. This is an author who not only has a lot to say, but says it in a compelling way.

Arden Adams

Koinonia Scholarship Applications

Scholarship applications are now available and can be obtained by contacting the church office or a member of the Koinonia Sunday School Class.

All applications and references must be returned no later than June 15, 2011.

To qualify as a recipient, the applicant must be an **active and contributing member of the United Methodist Church of Yucaipa** who intends to pursue advanced training, either vocational or academic, beyond the secondary level. **The applicant may be of any age and may be in any phase of their advanced education.**

Any church member, including someone who has previously received an award from this fund, may apply.

NEEDLES 'N THREADS



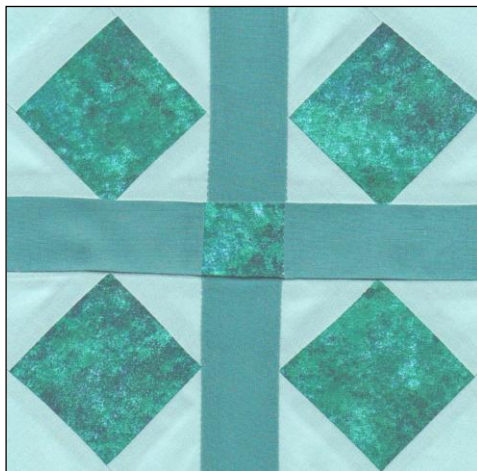
As you probably know, quilt tops are made up of squares called “blocks.” The blocks are put together in straight rows. Sometimes, but by no means always, the blocks are separated by strips of “sashing,” to make the quilt top. The assembled top is usually surrounded by one or more outside borders. Each block design is given a name so that quilters will be able to communicate efficiently as they discuss which patterns to use.

One important series of block designs is called “**Women of the Bible.**” Some of UMCOY’s more experienced Nine-Patchers have completed blocks from the series.

I asked Nine-Patcher Lucy Birnbaum to share one Women of the Bible block with us each month, together with a poem that explains the design. To my delight, she agreed to the project! So here’s the first one for your enjoyment.

*Eve
(The
Mother of
all
Mankind)*

*Block
Name: The
Garden of
Eden*



The color green represents the Garden of Eden,
The block’s corners – the four winds.
Each path leads to the center of the garden:
The tree of Knowledge ‘twixt good and sin.

Lucy Birnbaum



Cal Pac Camps Outdoor and Retreat Ministries

Dear Friends in Christ and Ministry,

We are proud and excited to let you know that Urban Kids Camp will take place again this summer at Camp Arroyo Grande, July 11-15 (Monday-Friday). Urban Kids Camp is a UMC outreach ministry that positively impacts the lives of disadvantaged urban and inner-city 3rd, 4th and 5th graders who have never experienced or cannot afford the life changing ministry of camping. Our goal is to provide a contextually high quality camp experience that uplifts esteem, develops new and deeper friendships, and draws every participant closer to the love of Christ.

We are asking that each congregation help to sponsor one child through our Angel Sponsorship program. Of course if you would like to sponsor more than one, we won’t turn you down. But, if each church sponsored just one child, that’s 374 children’s lives that could be impacted for the Kingdom of God.

\$450 covers all camp expenses for one child.

\$300 provides room and board for a child.

\$150 provides a child with program materials, transportation, camp T-shirt and picture.

\$100 provides a child with program materials, including program booklet, arts and crafts materials, and a Bible.

\$30 covers a child’s transportation to and from camp.

Gifts should be made payable to “Cal-Pac Camps” and mailed to:

Urban Kids Camp Angel Sponsorship

P.O. Box 6006

Pasadena, CA 91102-6006

Questions/Information: 626.568.7330 or via e-mail: sbonaparte@cal-pac.org. Please visit our website at www.CalPacCamps.org.

Who's in Your Pew?



The sign by the front door said,



Cats Welcome. Dogs by Appointment Only.

Donna Harward opened the door to welcome me and led me into her tastefully decorated living room. Having just read the sign, I was surprised to hear ferocious barking coming from the back yard.

“A dog made an appointment?” I questioned.

“Well, as Matt says, ‘Donna has a dog,’” she laughed. “I’ll go quiet him down.”

Even though the barking sounded quite ferocious, I assured her that I really wasn’t afraid of dogs, that in fact I am a dog lover, and that I’d like to meet him or her. “Okay,” she said tentatively, not at all sure that everyone who says so really does like dogs, and went to let the household protector inside. I heard the door slide open. The barking morphed into fierce growling, accompanied by a scramble of toenails clicking across the hardwood floor, and then the fearsome beast, **Rascal**^[LWB1], burst into the room. Rascal, as it turned out, is a cute, tan-colored Chihuahua, weighing all of eight pounds. He sniffed my ankle, stopped growling, and wagged his tail in happy greeting. We were best buddies in a matter of seconds, and he soon settled down under the table, blissfully chewing on his toy.

“Why do you say, ‘Donna has a dog?’” I asked Matt.

He chuckled. “Donna had never had a dog (only cats) until last November. But this guy must have decided that she would like him, because he showed up on the back porch, unannounced. We tried to find his owners, but no one claimed him, and he convinced her to adopt him. So I tell people that he belongs to her.”

Having cleared up the mystery, I took out my trusty legal pad and pencil and prepared to begin the interview. “Why don’t you start by asking him about Charger?” Donna suggested with a twinkle in her eye.

“Well,” Matt began, “in 1965 I was about 12 years old. My sister was 10, and my brother was 7. We wanted a dog. Our folks said that we could go

look at some dalmation puppies. And you know how that goes. We fell in love and came home with a pup. We didn’t know what to name him at first, but then we saw a commercial for a Dodge Charger on television and the three kids agreed immediately that his name should be Charger.

“Now, dalmation pups are kind of high strung. My Dad looked at my Mom and said, ‘The dog needs training.’ So Mom, not Dad of course, took Charger to obedience school, where he learned to sit, heel, come, and stay. We were outdoor types – growing up in Cañon City, Colorado. We went camping a lot, and we took trips on horseback with pack mules in Southwest Colorado, mostly to the Rio Grande Wilderness. Once we were boat camping at Lake Powell and Dad decided that Charger, who was afraid of water, should learn to swim. So he threw the dog off the boat into the lake. Charger was terrified, but he paddled to shore and took off up the hill, where he stayed, trembling, until we coaxed him down, shivering, into the boat. He never went near water again. When we rode out into the Colorado high country, however, Charger had a wonderful time.

“I remember a trip when I was 14. We allowed Charger loose on the trip, and he ran twice as far as the 12 miles we rode because he had to explore everywhere. By the time we made camp that night, he was absolutely exhausted and starving. My dad was fixing some fish that we had caught, and had a stick of butter out for frying them. Charger grabbed it and ate the whole thing. Dad was livid, so once again Charger was back on the hill.”

Matt has lots of happy memories of those days. They camped a lot near Durango when he was a teenager; “It was a small, sleepy little town back then,” he said.

Matt’s dad, Ray, was raised as a Mormon boy in Springville, Utah. “The story goes that, at the age of 12, Dad decided that he did not want to go on the customary mission, and he never spent another day at the church.” Ray served in World War II as a medic for an infantry unit, and his unit was the first to enter the Dachau concentration camp. He never spoke openly, as long as he lived, of the atrocities he saw there. He was a very intelligent man, and went on to get his law degree. He set up his practice in Cañon City, where he married Pat, Matt’s mom. He was well respected by all of his professional peers, and he served as City Attorney, District

attorney, and County Attorney over the course of his career. Ray died of cancer at the early age of 57.

“My mom was a wonderful gal, too,” Matt said gently. “She was a ‘stay at home mom’ when we kids were little, and then she went on to become an excellent legal secretary. She also loved her sewing and knitting. She remarried in 1983. Mom just left us in the fall of 2009, at the age of 79.”

When Matt was little, his mom would gather the three kids up right after church on Sunday and take them to watch the passenger train stop en route to Salt Lake City. Matt dreamed of being a railroad engineer, picturing himself running the night trains, especially. He started taking piano lessons when he was in third grade, and continued very successfully well into high school. “But I hated memorizing pieces for recitals.” He was a Boy Scout (the UMC sponsored his troop) and worked his way up to Life Scout. “The United Methodist Youth Fellowship group was always great fun. We went every Sunday night during junior and senior high.” Once he got to high school he studied trombone and played in marching band, jazz band, and symphonic band. He was serious about his academic studies, and between maintaining an A average and participating in band there was no more time to continue with the piano. He was a member of National Honor Society, and he earned a full-ride ROTC scholarship to Colorado State University, via one year at Colorado School of Mines. (Matt tells all that he transferred because of academic interest, but really it was because Mines had only 10 girls, total, on campus.)

Donna’s grandparents and parents all had their roots in Northwest Texas, around the Amarillo area. One grandpa, Everett, was a true cowboy, living and working on remote ranches, raising and driving cattle. In the 40’s and 50’s he drove cattle to market in Oklahoma and Kansas. His wife, Edith, spent her entire life managing the household, raising the kids, and cooking for the ranchhands. Donna remembers watching Everett butcher a cow right on the ranch. “The stomach was gross,” she said, wrinkling her nose.

Donna’s other grandpa, John, was a well driller in the same area, traveling long distances to drill wells for watering livestock and building those “windmills of the prairie.” His wife, Jessie, managed the homestead, raised five boys and one girl, cooked for the men, and managed her husband’s business.

Donna’s dad, however, decided that he wanted nothing to do with either well drilling or West Texas, and he joined the military. His name was John, also. When he finished serving, he married Donna’s mom, Clara, and moved to the “big city” of Colorado Springs, Colorado to raise his family of three girls. (Donna was the middle child.) John became a sheet metal worker. He met an early death from cancer at age 47. “Dad was a wonderful father, we had many great times together,” Donna said quietly. “Mom still lives in Colorado Springs.”

Donna has many fond childhood memories of spending summer vacations on the ranch in Texas with her grandparents and playing “kick the can” with her 13 cousins at Granny and Papa’s huge house in Texline. “I loved going on family camping trips in the Colorado mountains.” Donna was a member of the high school drill team. Her dad was a Mason, and she was active in the International Order of Job’s Daughters during high school. “I was elected to be an Honored Queen,” she smiled.

Donna and Matt were actually born at the same hospital and attended by the same doctor in Cañon City, although the blessed events were a few years apart. They met for the first time, however, when Matt’s dormitory suite-mate was about to marry Donna’s older sister Edie. Donna was to be her sister’s maid of honor, and Matt had been asked to serve as best man. “It was love at first bite,” he quipped. “They served steak at the rehearsal dinner. Donna didn’t eat much of hers, so I said, ‘Are you gonna eat that?’ She was still in high school then, so I guess I qualify technically as a cradle robber,” he confessed.

They met again two years later. Donna was in college now, majoring in microbiology. Matt ran into Edie and asked about Donna. “Why don’t you go see her yourself. She is in school here now,” Edie replied.

“There was nothing else going on,” he recalled, “so I went over and knocked on the door of her dorm room. She had her head in a towel because it was still wet from a shower. She opened the door, saw me, screamed, and slammed the door shut.”

Their first official date was to go skiing in Steamboat Springs, a favorite place. However, this time on the way to the slopes Matt missed a main turn, driving for at least an hour without thinking about where they were. “I had reservations about him at that point,” Donna commented. It was bitter cold that day, and by the time they finally arrived it

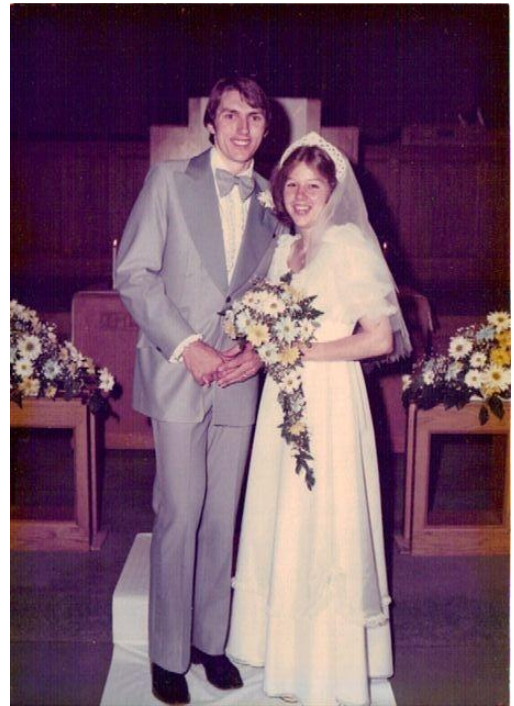
was late in the morning. A man who was leaving offered to sell Matt the rest of his 3-day lift tickets, and Matt accepted the offer. Unfortunately, that was illegal, and the security patrol officer hauled him in to the office, confiscated the ticket, and lectured him. They only got in two runs that day. "I was really questioning my judgment about going out with Matt by then," Donna said. "Who was this guy, really? But I thought he was very handsome, wearing his bell bottom, button-down jeans!"



**24-Hour Fundraiser
Dance Contest, 1975**

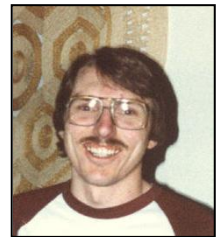
In Fort Collins Matt was a forestry major, and he studied wood science for two years. "But the graduates weren't getting jobs," he explained, "and I really did not like my major at that point, so I quit and went to work." During college he worked two summers on an aerial tramway that traveled on a mile-long set of 2-inch thick cables 1,200 feet above Royal Gorge, near Cañon City. The tram was powered by an electric motor that drove a pull cable. "In order to get hired I had to prove that I could get out on top of the car to rescue the passengers in case the motor quit," he mentions. "It would be my job, if anything went wrong, to bring the passengers, one by one, to the top and help them into a rescue basket so that they could be hauled to safety." I marveled at his courage. "I even flew solo in an airplane once," he boasted. "My parents owned a plane. They flew a lot of trips to Mexico. But I was never serious about getting a license. I hated crosswind landings."

The couple married on May 22, 1976 (our nation's bicentennial year) at a big Methodist church in Colorado Springs. "It had a congregation of over 3,000." Donna had taken care of the pastor's children and kept house for the family quite a bit when she was younger, so the pastor performed the ceremony even though he had been assigned to another church by then.



"Money was tight in 1976, gas shortages and all." In the year prior to their marriage Matt worked in a molybdenum mine in Leadville, Colorado, elevation 11,000 feet. "The main shaft ran 500 feet deep, three miles in. I could tell after a few months that my future was not in mining." After the marriage he got a job at a Cadillac/Oldsmobile dealership and began working his way up into management of parts and service. Donna worked at a neighboring Chevy dealer's office.

"After two years we saved enough to purchase a small house on the outskirts of Fort Collins. It was really out in the country. Trout fishing was but a short 20 minutes away from home," Donna commented. Jobs were still scarce in 1980, but Matt had tired of the car business. He got a new job selling residential solar systems, and Donna went to work in the same office. Sales were tough in a slow economy, and it didn't work out. So Matt then got a job as a new real estate appraiser, and Donna worked for Chicago Title as an "escrow closer," handling buyers' loan documents. "One time I closed for a big jeweler. It was a huge sale, and I remember he bought champagne for everybody at the closing!" she exclaimed.



**"Moustache did
not work." 1983**

Their daughter Holly didn't come along for ten years, so the couple had plenty of time for skiing,

camping, hiking, backpacking, and boating. They sought out challenging trails in northern Colorado, many that were eight and ten miles in length and thousands of feet in elevation.



Hungry hikers - 1987

Both Donna and Matt are huge Broncos fans. To illustrate the extent of their dedication even in the early days of their relationship, Matt told about a hiking trip in Rocky Mountain National Park the fall after the Broncs' first Super Bowl in 1978. "The Broncos had lost to Dallas the year before, so we really needed to listen to the first game against the hated Raiders. I packed a radio along with us, so some of the food had to go."

They bought a Hobie catamaran sailboat. "It was one of the things on my 'Bucket List,'" he noted. Donna laughed, "The winds come up suddenly on those Colorado lakes, so we spent most of the time with the boat upside down, but it was great." Donna enjoyed (and still does) gardening, and flowers in general. "I've always loved flowers," she smiled, indicating the beautiful flower arrangements that grace the living room. "Can you tell?"

Holly was born in 1987. She was an 8 pound, 13 ounce baby, two weeks overdue. She had lung problems at first, so she spent five days in neonatal intensive care. I asked Matt if he was calm during labor and delivery; his answer was somewhat vague. "All I can remember was that I was beat," he remarked, shaking his head. "I was starving afterward," Donna chuckled. "Matt went out and got himself a sub sandwich to bring back to my room, and the hospital brought me a chicken dinner. I gave that to him and grabbed his sandwich and gobbled it down."

By the time they brought Holly home her lungs were just fine, and she emphatically let it be known when proceedings were not to her satisfaction. She was soon traveling on hikes (riding in a front pack) and camping. In fact, Holly made the trip to

Yellowstone and the Grand Tetons at the grand old age of three months. She started to walk at nine months, on Valentine's Day. While Holly was growing up, the family enjoyed going back to places in Colorado that both Matt and Donna had



visited with their respective families in the 60's and 70's. (Holly, they think, at times got tired of the associated reminiscing.)

Money grew ever tighter. Jobs were scarce, and the real estate market was very slow – another recession. "What do we do now?" the couple puzzled. They lived on little more than \$5,000 during Holly's second year. They sold one car and finally sold the house. Matt decided to get into the water treatment business, went to a local vocational technical school for one year, and corresponded with a friend who had moved to California and worked for the City of San Bernardino. "Come out here," said the friend. "You'll have a job within three months."

So they loaded up a truck and headed to California. Matt got a job with the Yucaipa Valley Water District as a trainee and went back to school to finish his degree. Donna did day care and went back to school for an accounting degree. She also took flower arranging classes, and managed a flower shop for a year, handling arrangements for weddings and funerals as well as smaller orders. But accounting soon proved to be a bad fit, so she applied for and got a job with the Yucaipa Unified School District.

Donna began attending our church in 1992. Matt couldn't join her on Sundays until 2003 because he had to work Sundays up until then. But after he was promoted he had Sundays off. "The Yucaipa church was just like the Cañon City church in Colorado. I taught third grade Sunday school for one year in 1995 to Holly and her third grade

church mates,” he laughed. “That was enough of that!”

Donna runs the libraries at Wildwood Elementary School and Yucaipa Elementary School. “I love my job!” she exclaimed. “I get to read stories to little kids all day.” When it is time for the children to prepare for the California Young Reader Medal Contest, she helps them to remember stories by dressing up in costumes. “I made a cow outfit for *Millie Waits for the Mail*, and I wore a bonnet with ears for a story about a mouse. I even rode a bike when we read *Duck Rides a Bike*, because I didn’t have time to make a duck costume.” She is a member of a P.E.O. chapter in Redlands where she served as president for two years.

Their daughter Holly graduated from UC San Diego with both a Bachelor’s and a Master’s degree. Now a successful mathematics teacher of 6th and 7th graders, Holly loves her job, too.

Currently, Matt serves on UMCOY’s Foundation Committee. When John Yoon was beginning his tenure here, Matt was the Finance Committee chair. “That’s a tough job when money is hard to come by.”

Donna is our wedding coordinator, and she volunteers as our church librarian. She currently serves on the Staff Parish Relations Committee. She and Matt did the coffee setup every Sunday morning in Curtis Hall for about five years. Both are active members of the Koinonia Sunday school class, and both are, as Becky King describes it, “church angels,” helping out behind the scenes whenever needed. For example, Donna tends to the program bulletin boards outside Curtis Hall. And I hope that you have had the chance to taste their delicious

homemade soups on “SouperBowl Sundays!”

At the close of the interview I asked what adventures remain on the Harward Bucket List. “Recently we have had the resources to travel and really enjoy the adventures,” Donna smiled. “We saw fall foliage in Maine and New Hampshire a couple of years ago, and Holly wanted to go to New York and Washington D.C. after high school, which we did. We took a cruise to Alaska in 2003 and hiked down the Grand Canyon and rafted down the Colorado River for seven days in 2007. And we even zip-lined through the rain forest in Mexico in 2009.” Last summer they took a road trip through Alaska, a trip that has always been on the list, and now are planning a trip in 2012 to travel to the Mediterranean and see the cradle of civilization, Rome and Athens. “After retirement we want to take our little travel trailer (we call it ‘the cabin’) and visit all of the National Parks in the United States that we have not yet seen.”

Rascal, by then ensconced comfortably in the crook of Matt’s elbow, approved. In fact, he can’t wait to go along.

Laura Adams



Advice from an Expert!

The United Methodist Men (and some ladies, too) were treated on Saturday, March 19 to a presentation by Lisa Ewan about how to optimize our mobility as we enjoy life after retirement.

Lisa is a Physical Therapy Assistant at Casa Colina Centers for Rehabilitation in Pomona, and her infectious love for her work quickly inspired her listeners to take steps toward a more active lifestyle. “A physical therapy assistant’s job is like being a nurse to a doctor,” she explained. “Patients are evaluated by a gerontologist, and then we take over. We check the patient’s home to make sure that there are no dangerous items like slippery throw rugs or clutter that might cause an accident. We check the patient’s balance to ascertain that danger of falling is minimized. And we check to make sure that none of the patient’s medications interact negatively to cause issues with stability. Sometimes medicines can increase muscle weakness, decrease bone density, or cause undesirable changes in blood sugar or blood pressure. Once we’ve ascertained that all those things are okay, we go to work on strength and conditioning.”

Lisa explained that falls are one of the leading causes of death among older adults, due to hip fractures and head injuries. In fact, one third of adults over age 65 will eventually experience a fall. Females tend to fall more than men, due to osteoporosis. “And falls are very preventable,” she advised. “My goal is to keep people living at home and to help them stay out of skilled nursing facilities if possible. We focus especially on working the hips and knees – it’s important to keep the stabilization muscles strong.”



For those of us who have drifted into a sedentary lifestyle, Lisa cautioned that muscles can atrophy twice as quickly as it takes to rehabilitate them. “Get moving! You can even exercise in the grocery checkout line by rising on your tiptoes several times. Start with gently walking for 5 minutes a day. Pay attention to how you feel. Don’t do too much too soon – if you start to feel uncomfortable, stop what you’re doing. You shouldn’t push yourself to the point where you begin sweating or get dizzy. We want to gradually increase your strength in your legs, arms, and heart.” She recommended finding an exercise partner to hold one accountable. “You’ll find that you do more

when you have someone to talk to as you exercise. It takes your mind off what you’re doing.” And, she promised, “You should begin to notice a difference in about four weeks.”

Lisa presented each attendee with two handouts about avoiding falls at home and what to do after a fall has occurred. “The best thing to do if someone has fallen in the shower or bathtub is to call 911,” she warns. “You’re not going to be much help if you get hurt, too!” A third handout, created by Lisa herself, presented an exercise routine, complete with explanatory diagrams.

Toward the end of the presentation, Lisa invited people to ask questions. A major concern centered around what to do if someone else has fallen, and how to assist someone in danger of falling. Another question focused on helping wheel chair-bound persons to transfer from the chair to a car or from a church pew to a wheelchair. Lisa asked Ralph Snook to serve as a model patient. Ralph is a rather tall fellow, and Lisa is diminutive in stature. But Ralph agreed to the task, and the amazement on his face when he received Lisa’s assistance was priceless.

Thank you, Lisa, for this excellent presentation!

Ways to Avoid Falls at Home

- Remove tripping hazards and clutter
- Clean up puddles and food spills
- Be sure there is adequate lighting
- Keep frequently used items within reach in cupboards
- Beware of long or flowing clothing
- Wear shoes with non-skid bottoms
- Use non-slip, non-skid mats, rugs, and carpets
- Use strong and secure handrails
- Use brightly colored reflective tape on stairway edges for contrast
- Practice carefully with durable medical equipment such as new bathroom equipment
- Rise slowly when getting out of bed or a chair
- If you use a wheelchair, be sure to lock the brakes before getting up or sitting down. If your balance is not steady, have some help you when transferring.
- Keep your walker and cane within reach, if you use them. Do not attempt to walk without.
- Do not climb on unsteady stools, furniture, or ladders.
- Avoid low, cushiony couches, as they are harder to stand up from.
- Avoid leaning on unstable objects such as towel racks or the soap dish on a shower wall
- Limit alcohol intake
- Exercise as advised in order to maintain muscle strength and balance



Methodists on the Move are on the move again!!

The American Cancer Society's Yucaipa Relay for Life will take place on Saturday and Sunday, April 30 - May 1, starting at 9:00 am on Saturday. It is an opportunity to remember, celebrate and fight back against this deadly disease. Methodists on the Move have been a significant presence at the relay in the past, and you are invited to be a part of the event this year.

This year's theme is a birthday party, because **HAPPY BIRTHDAY** is a victory song for all cancer survivors. Having more birthdays is what the American Cancer Society is fighting for.

Not only does the American Cancer Society work toward a cure, they are there to support cancer patients and their families through the process. As a donor to the American Cancer Society you are providing support to cancer patients and their families. With your gift, the Society is able to offer a broad range of essential programs and services at no cost, such as:

- **\$75** - One wig or personal care item
- **\$100** - Eight round trips to and from appointments
- **\$500** - Seven nights of lodging near their treatment facility
- **\$1,000** - Engaging 16 people in the long-term study called the American Cancer Society Cancer Prevention Study-3.
- **\$2,000** - A certificate for prosthesis and a bra for 10 patients

- **\$5,000** – Reach to Recovery, providing support needed to cope with a breast cancer diagnosis. Includes an information kit and temporary prosthesis to 58 breast cancer patients.

**Please join us in the battle against cancer!
Contact Jean Kielhold for information about
this important event.**

WANTED



One or more “behind the scenes angels” to set up and clean up Sunday morning coffee time in Fellowship Hall one month per quarter year (or less, depending on how many volunteers we have).

It takes about 30 minutes to set up and 30 minutes to clean up on Sunday. Coffee time is appreciated by many; please remember -- *light is the load if many hands share the toil.*

Please lend your hand!

No experience is required. Contact Linda in the church office if you are willing to help.

Thanks!



United Methodist Church of Yucaipa
35177 Beech Ave.
Yucaipa, CA 92399
(909)797-1143

Non-Profit Org.
U.S. Postage Paid
San Bernardino, CA

Our Presence for Sunday Worship:

	Totals	Average
Worship	543	109
Sunday School	135	27

Totals for Five Sundays – February 20, 2011 through March 20, 2011

Rev. Sharon Snapp-Kolas – Pastor
Rev. Ron Faux – Pastor of Visitation
Amy Bahnson – Director of Youth,
Praise Worship Leader
Melissa McDannell – Nursery
Linda Ewan – Church Secretary
Wes Harty – Choir Director
June Fisher – Organist
Chris Nielsen – Accountant
Laura Adams – Friendly Visitor Columnist
Gerald Pugh – Caretaker
Phil Michelsen – Facilities Management

Sunday Services
Gathering – 8:45 a.m.
Worship 9:00 a.m.
Fellowship 10:15
Sunday School 10:30 a.m.
Nursery Care all morning

www.yucaipamethodist.org

info@yucaipamethodist.org

Deadline for the Friendly Visitor is the 10th of each month.